

Routes to Roots

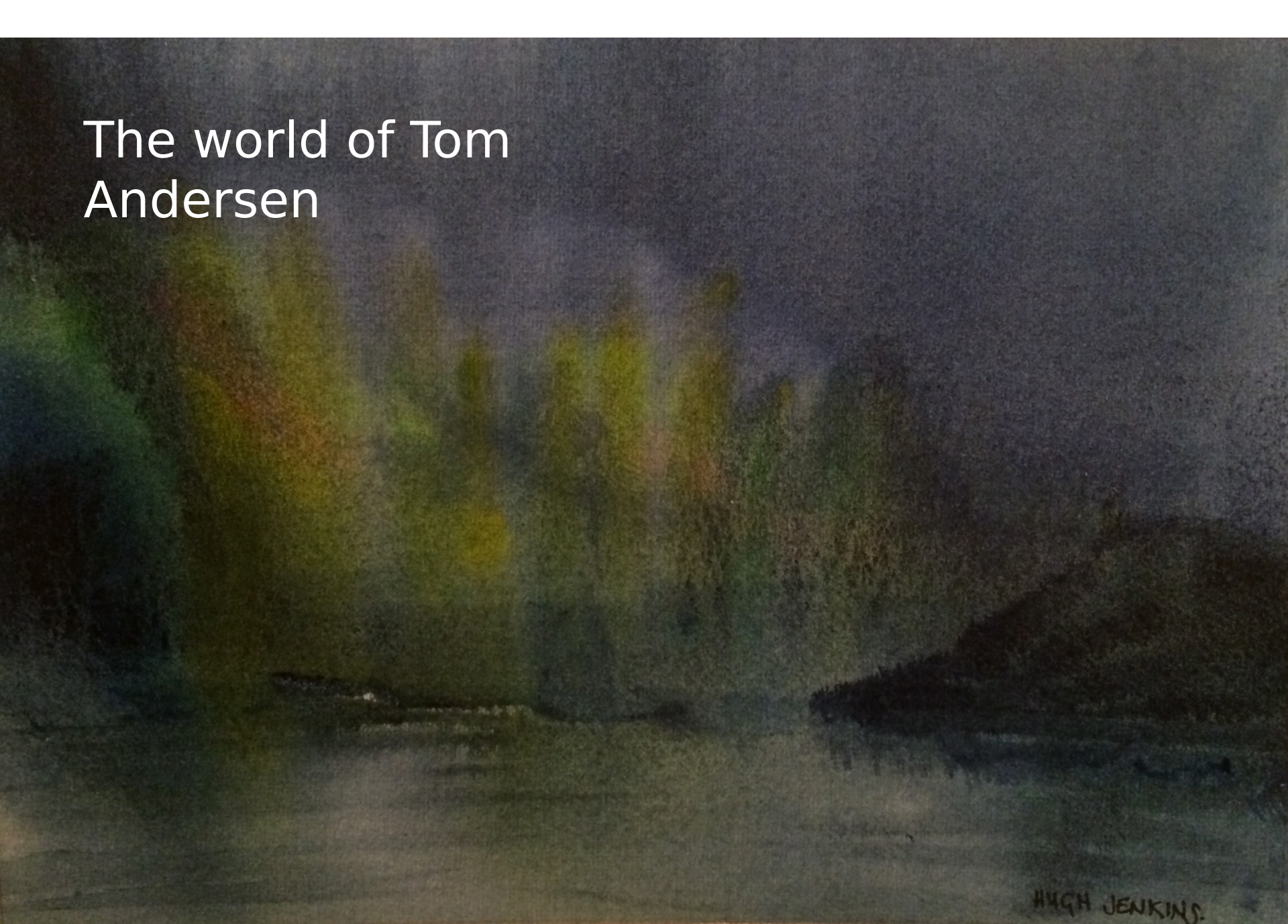
Routes



Roots



The world of Tom Andersen



Routes to Roots: historical premises, promises, and perspectives of systemic psychotherapy



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Hugh Jenkins
PhD



HUGH JENKINS.

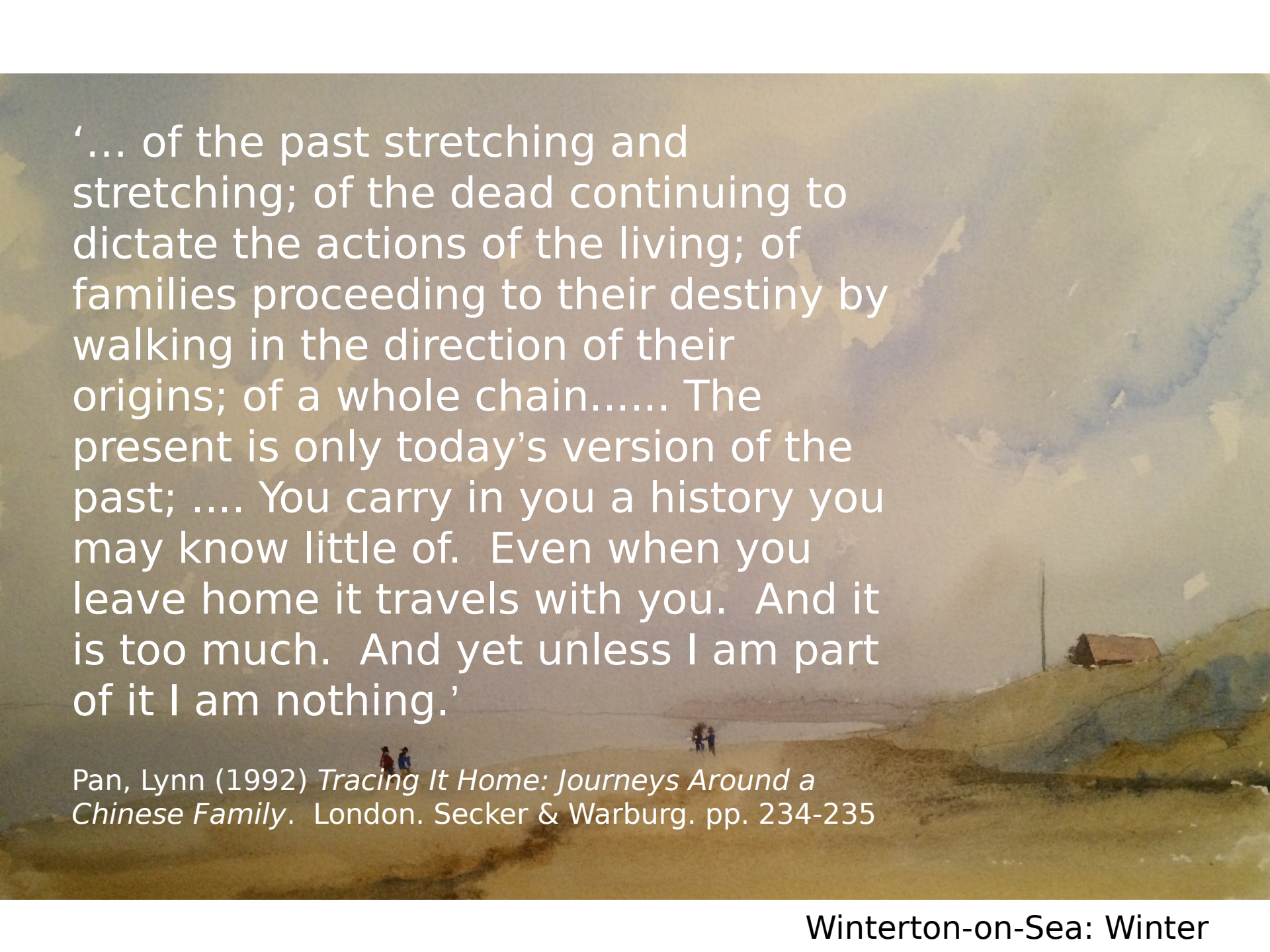
Routes to Roots: historical premises, promises, and perspectives of systemic psychotherapy

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Time: the silent guest
at the therapeutic
table.

HUGH JENKINS



‘... of the past stretching and stretching; of the dead continuing to dictate the actions of the living; of families proceeding to their destiny by walking in the direction of their origins; of a whole chain..... The present is only today’s version of the past; You carry in you a history you may know little of. Even when you leave home it travels with you. And it is too much. And yet unless I am part of it I am nothing.’

Pan, Lynn (1992) *Tracing It Home: Journeys Around a Chinese Family*. London. Secker & Warburg. pp. 234-235

Time warp!



Rear view mirror

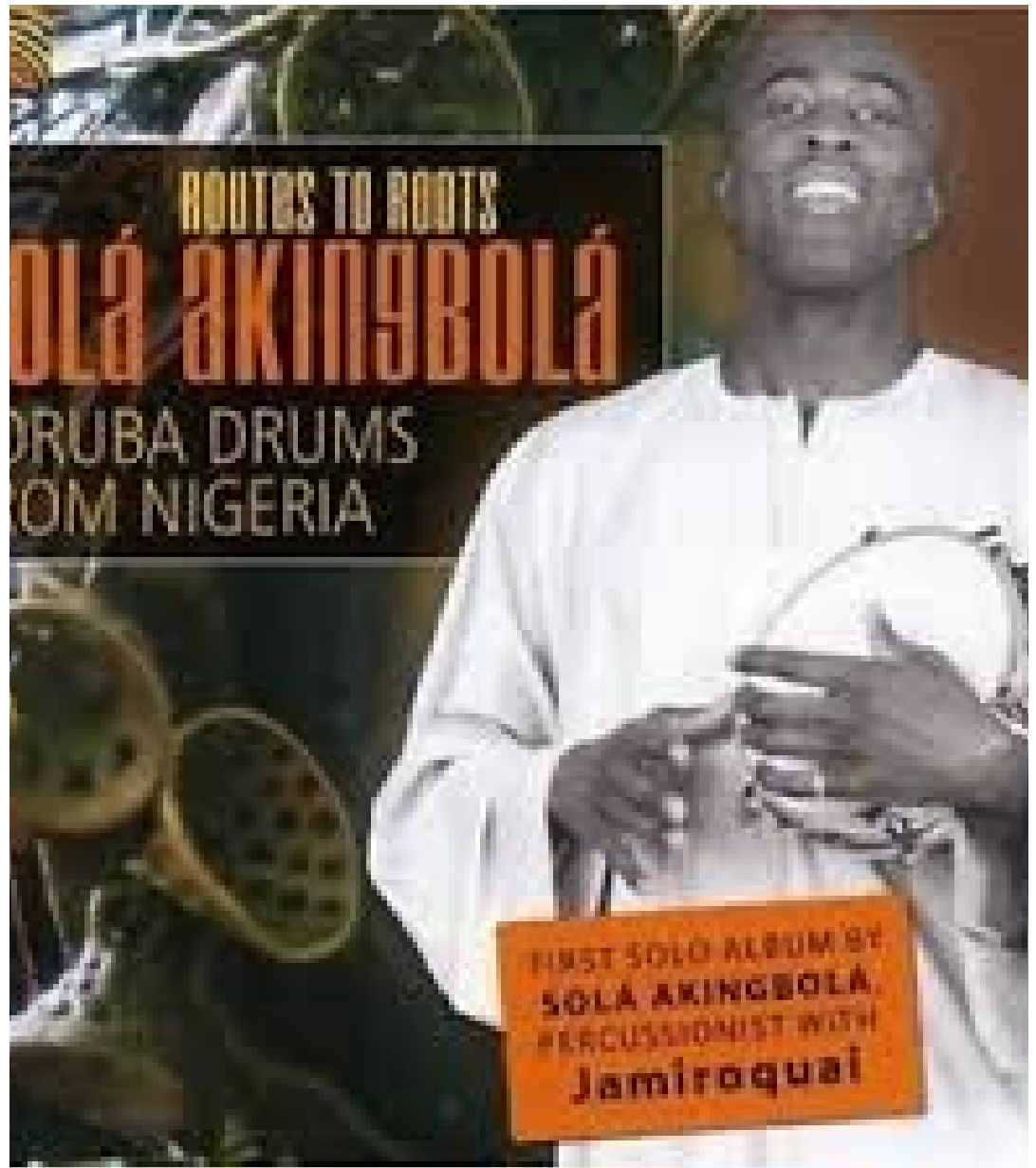


Windscreen



‘You carry in
you a history
you may know
little of. Even
when you leave
home it travels
with you.’

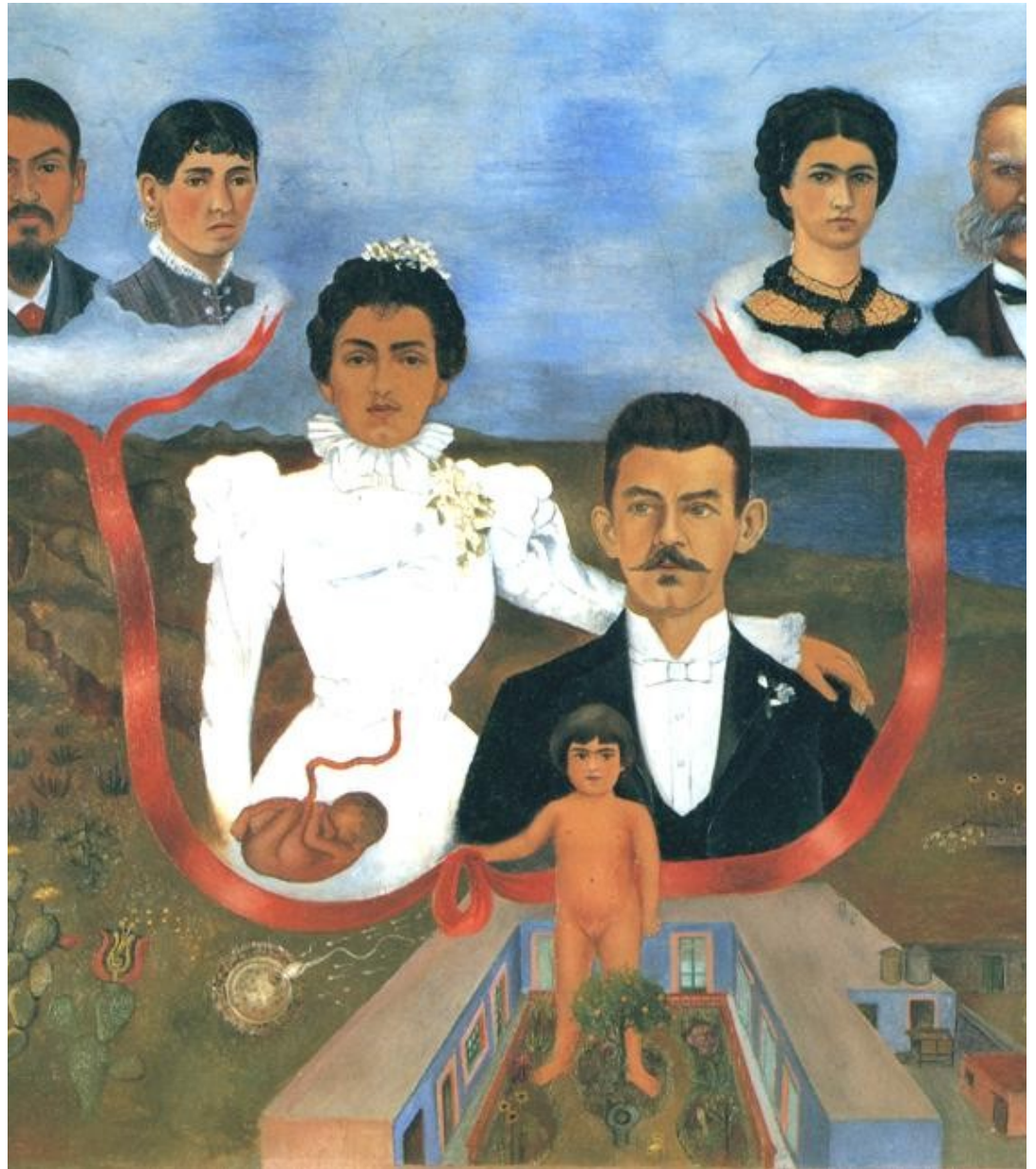
Lynn Pann



Grasping sea
mist – or
shadows



Frida Kahlo:
My Family.



Your diary?



Jay Haley

- “What therapists have in common is independent of a particular profession. ... A therapist must find a way to follow the rules of his clinical profession and also be a therapist, and at times the two are incompatible.”

The emperor's new clothes



- 'The real voyage of discovery consists not in seeing new sights, but in looking with new eyes'.

‘... that the patient’s closest relatives sometimes betray less interest in his recovering than in his remaining as he is. When, as so often, the neurosis is related to conflicts between members of a family, the healthy party will not hesitate long in choosing between his own interest and the sick person’s recovery.’

(Freud, 1917 Vol. XVI; 459)

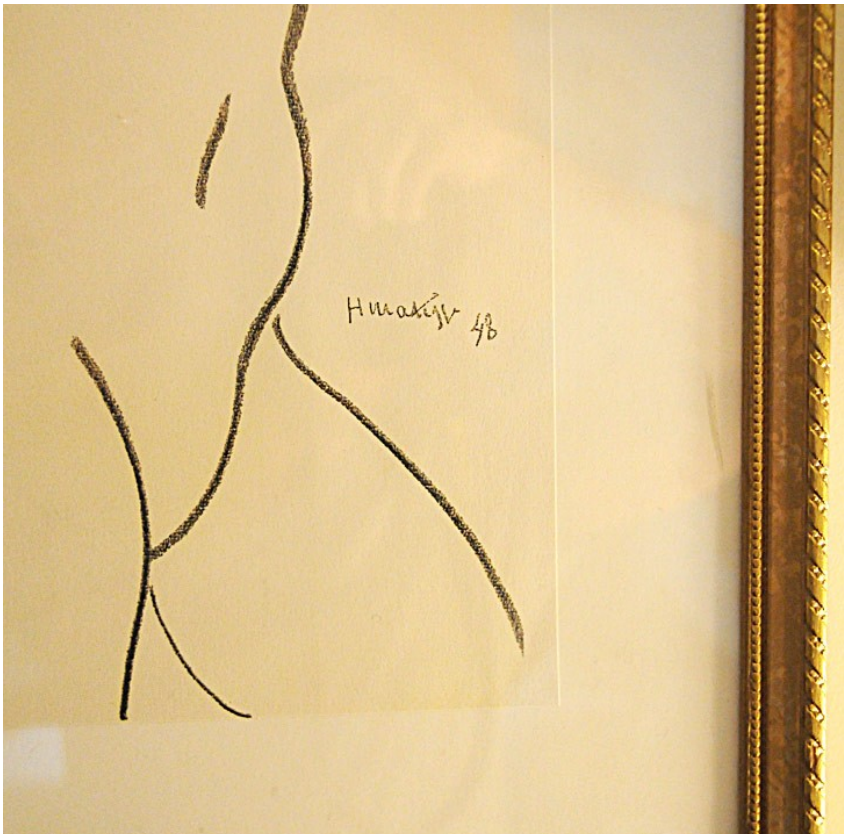
**Throwing the
baby out with
the bathwater**



Brâncuși

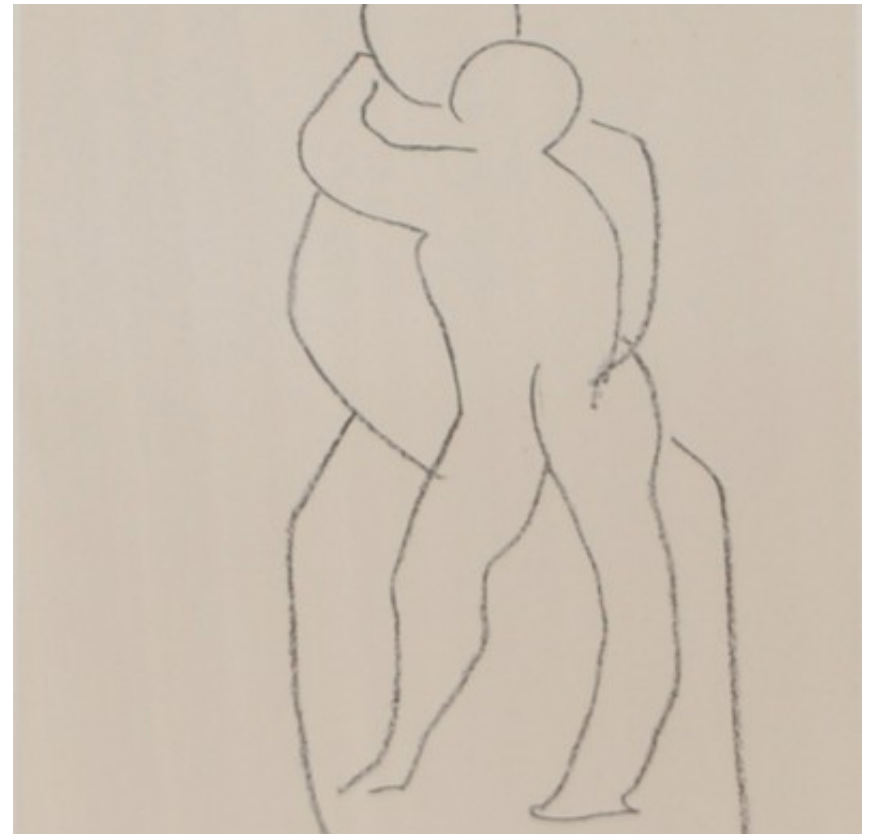
'Simplicity is complexity resolved'

Simplitatea este **complexitatea rezolvată**



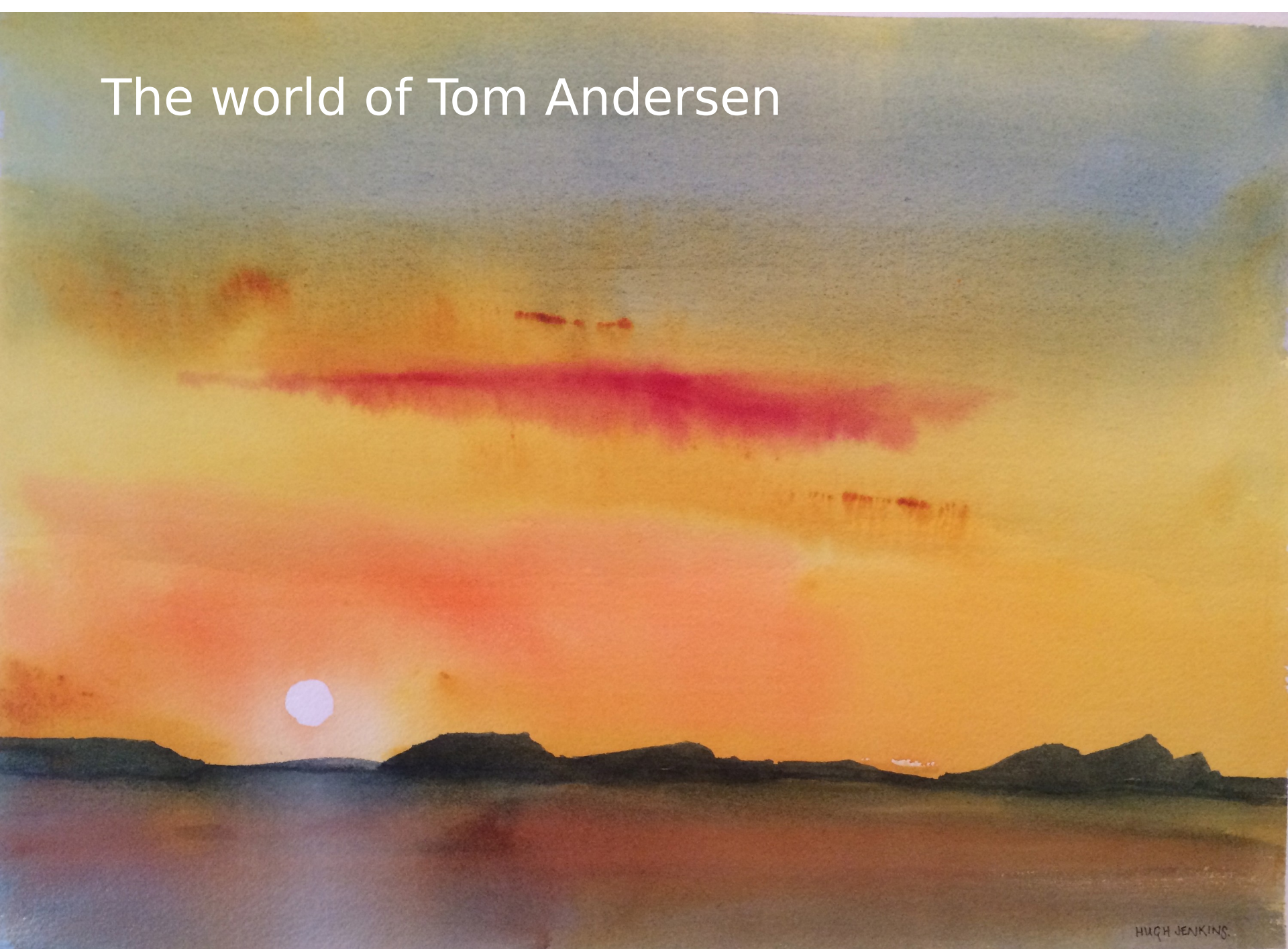
'It is not birds I sculpt, it is flight'

Nu lucrez păsări, ci zboruri



Henri Matisse: lithographs

The world of Tom Andersen



Thank you!



HUGH JENKINS.

Brevik, near Fauske,

Brâncuși

‘Simplicity is complexity resolved’

Simplitatea este complexitatea rezolvată
(Georgescu-Gorjan, 2012. 94).

‘It is not birds I sculpt, it is flight’

Nu lucrez păsări, ci zboruri
(Georgescu-Gorjan, 2012: 359).